## Madame Psychosis returns with a focus on self care in "standout" high energy anthem "Concrete Streets"

## "A testament to the band's continued brilliance" - Buzz Music

**Toronto - October 6th, 2023** - Toronto-based alt rock and indie pop band Madame Psychosis is welcoming the arrival of fall with the release of "Concrete Streets", a powerful alt-rock anthem that delivers a much-needed message of self-care and escaping the daily grind to reconnect with ourselves. It was recorded at Union Sound Company and Raventape Music Room, and was mixed and co-produced by Alex Gamble. It premiered <u>exclusively with Spill Magazine</u> on October 4th and is now available on all major streaming services starting today.

"Concrete Streets" evokes a new sense of adventure, one where you are invited to "pack your bags" and join the main protagonist on a journey to "let go" and "reload". With strong hooks, rich harmonies and poignant lyrics, this energetic offering uncovers the struggle to achieve work-life balance, a theme that resonated with the band especially at the height of the pandemic.

"We all strongly believe in the importance of getting away from the concrete jungle and instead diving into the serenity of nature", says Michelle Mondesir, the band's lead singer and lyricist. "We should all do more to turn inward towards our passions and rekindle our love of life."

"Concrete Streets" is a standout track that combines Madame Psychosis' signature blend of melodic rock with thought-provoking lyrics, creating a sonic experience that captures the attention of fans old and new. It delivers a profound message of embracing your mental health, and showcases the band's commitment to delivering music that resonates with a wide audience.

Madame Psychosis first made waves with their self-titled debut album, released in 2017. Alan Cross, the internationally syndicated host of The Ongoing History of New Music, selected the single "Space Motorcycle" for his weekly Top 11 Playlist. Coming off the heels of this positive reception, Madame Psychosis released their sophomore album, *Survivor*, in 2019. In their album review, RX Music writes, "the band sound better than ever, with memorable hooks that reward repeated listens, and an elevated chemistry fans will appreciate."

Following a summer that saw the band perform at Canadian Music Week, Brampton Pride and Durham Pride, Madame Psychosis is turning their attention to promoting "Concrete Streets" and recording their third studio album for a 2024 release.

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